



Chesterfield FC  
COMMUNITY  
TRUST



# SPIREITES

Schools Partnership





# Chesterfield FC COMMUNITY TRUST

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## Department Objectives

"To provide inclusive opportunities, in particular for young people, to engage in sports participation and improve their quality of life"

## Schools Delivery

Our Schools Partnership incorporates all delivery that takes place within a school environment whether that be curricular, extra-curricular or part of a funded project. These can be broken down into 2 areas:

**The Spireites Schools Partnership**  
Curriculum Delivery  
Extra-Curricular Delivery

**Funded Initiatives for Schools**  
PL Primary Stars  
PL Kicks

## How the Spireites Schools Partnership can work for you

The Partnership is a **FREE** programme aimed at building a lasting relationship between Chesterfield FC Community Trust and your School

We offer **FREE** match tickets, Chesterfield FC First Team Player and Chester the Field Mouse Visits and Signed raffle prizes

We run a **FREE** Primary Teachers Award with our partner at the FA, a day's course for Teachers and Teaching Assistants to increase confidence in PE delivery

**FREE** entry into a number of football tournaments, both regional and national, for both mixed and girls, across Key Stages

The Premier League Primary Stars Teacher CPD programme is a **FREE** 6 week course, aimed at improving the delivery of PE in Schools with our AfPE qualified Coaches

If you have just one weekly club, you will have access to the Spireites Schools Partnership's benefits

# ACTIVITIES WE OFFER

## PE LESSONS

### Our Staff

*We have a range of highly qualified and experienced team members*

AfPE Level 3

NGB Level 1 - 4

FA Safeguarding Certified

FA Emergency First Aid

DBS Checked

### Lesson Delivery

*We will work with each school to deliver their annual PE plan around the following five areas:*

Invasion Games

Striking and Fielding

Net and Wall Games

Athletics

Dance and Gymnastics

### National Curriculum Links

*All our lessons will have links to the appropriate key stage of the National Curriculum, including:*

Enjoying communicating and collaborating with each other

Use a range of movement patterns

Demonstrating and applying attacking and defending principles

Basic and fundamental movements

Reflect on performance to assess individual and peer development

### Lesson Extras

*In addition to our delivery, schools can also access:*

Session Plans

Teacher Support Programme & CPD

Exit Routes for Pupils Across Sports

Weekly and Medium Term PE Plans

# ACTIVITIES WE OFFER

## BREAKFAST & LUNCH CLUBS

We deliver varied, engaging and educational Breakfast and Lunch Time Clubs across a number of Schools on a daily basis.

**Variety of Sports** – this can change across split lunch times for different key stage groups

**Golden Mile** – we can get pupils active in the morning and take the register at the same time

**Reading/Writing** – we sit with pupils to support their engagement in literacy

**“Get Active”** – Breakfast fitness classes to music aimed at getting pupils ready for the day





# ACTIVITIES WE OFFER AFTER SCHOOL



Topics covered from Week 1 to Week 5 will be an introduction to the key skills in specific sport. Week 6 is an opportunity to review all of the skills that have been coached, and apply them to a competitive situation. This is an example of a 6 week football scheme of work:

## Week 1

### Ball Control and Introduction to Dribbling

- Introduction to foundation skills/movements used in football.
- Ball familiarisation and spatial awareness.
- Changing direction and control of the football.

## Week 2

### Dribbling and Introduction to Passing

- Recap of skills learnt in previous session.
- Introduce passing technique - Focus on control, timing and direction.
- Plenty of touches and receiving the football.

## Week 3

### Passing Using Various Body Parts

- Recap of skills learnt in previous session.
- Use of various parts of the foot and body.
- Passing the ball at a higher tempo in game phase play.

## Week 4

### Finishing

- Application of previous skills learnt to set up a position to shoot.
- Focus on finishing accuracy with stronger foot.
- Introduce finishing with the weaker foot and other body parts.

## Week 5

### Goalkeeping

- Catching and throwing skills.
- Reflex exercises and goalkeeper positioning.
- Application of goalkeeper skills to finishing practice.

## Week 6

### Tournament/Match Week

- Review of all skills.
- Formation tactics and teamwork.
- Lots of emphasis on fun and not the importance of winning.



## Session Timings:

*\*All sessions will incorporate warm up and cool down activities into the time allocation below.*

5 mins	Registration
10 mins	Ball Mastery/Warm Up
20 mins	Technical Practice/Weekly Topic
20 mins	Game Related Activity
5 mins	Debrief/Cool Down
60 mins	Total

# Come and Join Us!



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# AFTER SCHOOL ACTIVITIES

**A MULTI-SPORTS CLUB  
WITH A VARIETY OF ACTIVITIES**

BOCCIA CRICKET BALANCING GAMES  
NETBALL TABLE TENNIS  
DANCE FOOTBALL  
MARTIAL ARTS HOCKEY  
TENNIS BOXING TAG RUGBY  
TARGET GAMES ROUNDERS BASKETBALL  
GYMNASTICS CHEERLEADING  
DODGEBALL BADMINTON VOLLEYBALL  
SENSORY GAMES INVASION GAMES

Partner Schools access free children's match tickets to selected games, visits from Chester the Field Mouse, meet the First Team Players, Stadium Tours, signed prizes



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OUR CHESTERFIELD FC COMMUNITY TRUST PARTNERS





# COMPETITIVE SPORT FOR YOUR SCHOOL

## The National Schools Kids Cup!

As a Spireites Schools Partner, you will be entered into our Local Kids Cup Competition, with the winner going on to the Regional Finals, the Northern Finals and ultimately the opportunity to compete in the National Final at Wembley Stadium before the Play off Final!

The Local Tournament winning School will receive a visit from Chesterfield FC First Team Players to present them with their trophy in an assembly and be invited down to the Technique Stadium on a match day to show it off to the thousands of supporters!

## Premier League Tournaments

Through our work with the Premier League we have run and entered National competitions for our Partner Schools to enter, with a range of opportunities for both girls and mixed teams across Key Stage 1 and Key Stage 2.



All of our tournaments include a special guest appearance from Chester the Field Mouse!



# ACHIEVING YOUR SCHOOL'S OUTCOMES

## School Sport Premium

"The FA work closely with Chesterfield FC Community Trust to ensure the club and their coaching staff are working towards the requirements for high quality PE provision. We regularly undertake formal lesson observations, CPD and formal qualifications to support the club to provide the best possible service within their local community."

*Paul Quinn, FA Education*

## Examples of how the Spireites Schools Partnership will help you achieve this are:

- ✓ Coaches to support Teachers CPD during lessons over a six week period
- ✓ Provide existing staff with training or resources to help them teach PE and sport more effectively
- ✓ Introduce new sports or activities and encourage more pupils to take up sport
- ✓ Support and involve the least active children by running or extending school sports clubs
- ✓ Run sport competitions
- ✓ Increase pupils' participation in the School Games
- ✓ Run sports activities with other schools

## School Games Mark

- ✓ A partnership programme with us will enhance your school's status within the School Games Mark
- ✓ Recognition for showing commitment to the development of competition across school sport
- ✓ Inclusive session plans to accommodate the needs of children at all levels
- ✓ Participation and progress tracking with our own 'Child Skills Progression Report'







# Premier League Primary Stars

Premier League Primary Stars uses the appeal of the Premier League and professional football clubs to inspire children to learn, be active and develop important life skills.

Premier League values underpin everything on offer, encouraging children to:

**BE AMBITIOUS** | work hard and never give up on their goal

**BE INSPIRING** | set a great example to others

**BE CONNECTED** | work well with others and in a team

**BE FAIR** | treat people equally and think of others

**BE ACTIVE** | to develop physical habits for later life





# ACTIVITIES WE OFFER PSHE SESSIONS

## Be a Team Mate

is our assembly programme about Mental Health run in partnership with Derbyshire County Council. Each session covers a different topic, Chester's Bag of Worries which he shares with friends and teachers, The Manager's Tactics Board to beat our opponents and Chester Scores Points. These all deal with finding solutions to children's issues in schools.



## Sky Ocean Rescue

can be run as an assembly or a classroom lesson and deals with plastic pollution head on. In partnership with the Premier League, the session looks at the impact single use plastic has on the environment and gives an opportunity for pupils to come up with their pledges to help reduce waste.



## Reading Stars

is an English engagement programme which inspires your reluctant readers, helping them to make six or more months progress in just 10 weeks. The sessions are delivered to small groups using football as a tool to inspire and increase pupils' engagement and confidence in reading. This can lead to a lifetime love of reading and create lifelong readers.

## Black History Month

runs every October and we're working with Chesterfield's African Caribbean Community Association, to provide assemblies and classroom workshops, breaking down barriers surrounding racism and giving children the opportunity to learn about the historical links between racism and football and what we can do to help tackle it.



## Do The Spireite Thing

is a 6-week targeted intervention based around behaviour. Using assessments at the beginning and the end of the 6 weeks to see what the pupils know about behaving responsibly and the positive impact this has on others. Pupils explore the importance of rules and why they are needed in different situations. They discuss times when behaving responsibly can be more challenging and how to manage their feelings and actions in these moments. Inspiring children to adopt positive attitudes and behaviours in school.



# EDUCATION DAYS

## AT THE PROACT STADIUM

As part of the Spireites Schools Partnership, we offer the opportunity to come down to the Technique Stadium to take part in PSHE events. We have an annual FREE Education Day, which covers a wide range of topics including:



Mindfulness & Positive Thinking



Black History Workshop



Sky Ocean Rescue Presentation

"Educational Days like this are great. The use of football as a vehicle to get these important messages across is a great idea. Those that like football were immediately hooked in, whilst those that don't particularly like football still got the important messages

The Ocean Rescue session was very thought-provoking and has already started to make our children (and staff) think about how we can continue and develop this back at school, with plans already being formulated.

The children absolutely loved the session with the Mercian Regiment and really saw the value of teamwork.

Overall, a great day and a fantastic experience for the children. Thanks to Keith, Darren and everyone at the Trust for organising it."

*Craig Ferreday,  
Mary Swanwick School*

Police Safety & Awareness Workshop

The FA's Respect Workshop



Foreign Language Lessons



Equality, Diversity & Inclusion



The British Army's Teamwork Session



Derbyshire Fire Service Careers Talk



Be A Team Mate Mental Health Workshop

Co-op Healthy Eating Workshop



Technique Stadium / Saltergate Historical Change days

Inspire Media Academy Creative Writing



The Education Days are themed, however the workshops can be booked to come to your School and delivered there. For more information on our PSHE projects and assemblies, email [robertstevenson@spireitetrust.org.uk](mailto:robertstevenson@spireitetrust.org.uk).



# WHAT WE CAN OFFER FROM CHESTERFIELD FOOTBALL CLUB

## Player Appearances

Visits can be tailored to the needs of your school's education curriculum including healthy lifestyle, benefits of exercise, respect and online safety. We have delivered full school assemblies or class workshops, including "handling pressure" sessions in preparation for SATs exams and all visits will have an opportunity for pupils to ask questions to the players.

## Stadium Tours

You can visit the Technique Stadium and have a tailored tour around a specific topic, previous tours have included: Historical Change, Maths Challenge, Literacy Tours and Building Blocks.

## Chester the Field Mouse Appearances and Raffle Prizes

Partner Schools will be allocated a number of raffle prizes and Chester the Field Mouse appearances for school events throughout the year.

## Match Tickets

Your school will be allocated a fixture for all pupils to gain free entry to a Chesterfield FC Fixture. We can also offer our Flag Bearing experience to Schools which includes match tickets, an article in the Match Day Programme and your photos on the big screen as well as the pupils forming the guard of honour as teams walk out.

 Chesterfield FC  
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***Fun & Exciting***  
***Half-Term Activities***  
***EVERY School Holidays***

**AT ST MARY'S CATHOLIC HIGH SCHOOL, S41 8AG**

To Book: [www.officialsoccerschools.co.uk/chesterfield](http://www.officialsoccerschools.co.uk/chesterfield)  
T: 01246 925116 | E: [activities@spireitetrust.org.uk](mailto:activities@spireitetrust.org.uk)





## OUR PARTNERS

We work with a number of partners to provide a broader range of activities, all of whom are leaders in their own fields:



**Dancedaze** were formed in 2006 specialising in Street and Commercial dance and delivering over 30 School sessions per week. Offering fun sessions that can teach routines to show at School events, Dancedaze reached the 2018 Britain's Got Talent semi-finals and can offer some fantastic opportunities outside of School.



**John Cannon** is an experienced running coach, both in sprinting and long distance running. John Cannon Events host local 5km runs across the region and he specialises in running techniques. John runs a number of After School Clubs locally and can support your Schools efforts towards the daily Golden Mile.



The Chesterfield BMX Club deliver BMX activities to a range of different people in the community which include Youths/Juniors, Adults, Female Cyclists, Novice riders, Racing cyclists and also Disability cyclists. The BMX club deliver a range of activities which focus on BMX racing, Club training rides and even general Coaching. Make sure you follow the club on Facebook 'Chesterfield BMX Track' for regular weekly updates and information.



The Chesterfield Futsal League organises leagues and cup competitions for all ages from under 7s upwards. The League works to promote futsal in north Derbyshire and south Yorkshire and would be happy to support schools or other groups who would like to try futsal. A Under 11's Team from our Saturday Soccer School session is also taking part in the Futsal league which is first Futsal team that has represented the Chesterfield FC Community Trust.



**Chesterfield FC Legend Tony Lormor** is an experienced speaker in Schools and also works alongside Olympic and Paralympic Athletes, Commonwealth medal winners, professional BMX riders, GB Table Tennis players and much more. We can arrange for Tony and his team of guest speakers to come to your School to deliver sessions, as well as talking about their experiences.

We work only with the best partners who deliver quality sessions and provide all participants with exit routes into their sports. By booking through the Spireites Schools Partnership, you receive a reduced rate as well as continuing to access all of the benefits of being a Spireites Schools Partner.

For more information on working with us, email [keithjackson@spireitestrust.org.uk](mailto:keithjackson@spireitestrust.org.uk)





"Since undertaking our partnership with CFC Community Trust we at Newbold Church School have seen huge benefits, both in the quality of physical exercise the children participate in during lunchtimes under the direction of trained coaches, and also in their reading progress as part of the Premier League Primary Stars programme. Having strong role models working with children from age 4 upwards is an important element of our partnership - we have seen a raise in the aspirations of many of our children, girls and boys, and additionally it has increased the focus on school sports and physical education. The benefits that the partnership has brought, which include CPD for staff, is certainly a good use of sports funding across many levels."

***Mrs K Marsh, Headteacher, Newbold Church of England School***

"Chesterfield FC Community Trust have been providing us with ppa cover, after school provision and more recently with a staff well-being club for the last two years. Planning and assessments are always provided along with further session plans that can be used as a follow up. The coaches are well trained and they have developed excellent relationships with the children and staff. In fact we now see them as part of the team. The coaches even read aloud with the classes first thing in the morning to provide the children with different role models. In my dealing with the Community Trust nothing has ever been too much trouble and the provision is well monitored to ensure the children are being taught effectively. Our NQT has successfully improved his PE provision through the support and direction of one of our coaches. I cannot recommend them highly enough."

***Mrs S Wigfield, Headteacher, Staveley Junior School***

"As well as providing high quality coaching at lunchtime and as extra curricular activities, allowing greater access to intra and inter school competition, the partnership with CFC Community Trust has given Brimington Junior School a fantastic benefits package. This has allowed children of varying abilities the opportunity to access match day tickets and activities, Praet Stadium tours and educational sessions, Premier League Primary Stars reading programme, signposting for gifted and talented students and player / mascot visits to school. All of the above has contributed to a significant development in the quality of sport and physical education in our school, and supported our successful application for gold status in the Schools Games Mark."

***Mr S Marsh, PE lead, Brimington Junior School***

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